

Plasticity of hydrogen bond networks regulates mechanochemistry of cell adhesion complexes

Shaon Chakrabarti, Michael Hinczewski, and D. Thirumalai¹

Biophysics Program, Institute For Physical Science and Technology, University of Maryland, College Park, MD 20742

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Mechanical forces acting on cell adhesion receptor proteins regulate a range of cellular functions by formation and rupture of noncovalent interactions with ligands. Typically, force decreases the lifetimes of intact complexes (“slip bonds”), making the discovery that these lifetimes can also be prolonged (“catch bonds”) a surprise. We created a microscopic analytic theory by incorporating the structures of selectin and integrin receptors into a conceptual framework based on the theory of stochastic equations, which quantitatively explains a wide range of experimental data (including catch bonds at low forces and slip bonds at high forces). Catch bonds arise due to force-induced remodeling of hydrogen bond networks, a finding that also accounts for unbinding in structurally unrelated integrin–fibronectin and actomyosin complexes. For the selectin family, remodeling of hydrogen bond networks drives an allosteric transition resulting in the formation of the maximum number of hydrogen bonds determined only by the structure of the receptor and independent of the ligand. A similar transition allows us to predict the increase in the number of hydrogen bonds in a particular allosteric state of $\alpha_5\beta_1$ integrin–fibronectin complex, a conformation which is yet to be crystallized. We also make a testable prediction that a single point mutation (Tyr51Phe) in the ligand associated with selectin should dramatically alter the nature of the catch bond compared with the wild type. Our work suggests that nature uses a ductile network of hydrogen bonds to engineer function over a broad range of forces.

Cells communicate with each other and their surroundings to maintain tissue architecture, allow cellular movement, transduce signals, and heal wounds (1). Important components in many of these processes are cell adhesion molecules—proteins on cell surfaces that recognize and bind to ligands on other cells or the extracellular matrix (1, 2). For example, adhesion of leukocytes to the endothelial cells of the blood vessel is a vital step in rolling and capturing of blood cells in wound healing, and is mediated by the selectin class of receptor proteins (3). The functional responses of cell adhesion molecules are often mechanically transduced by shear stresses and forces arising from focal adhesions to the cytoskeleton or simply the flow of blood in the vasculature. Under stress, molecules undergo conformational changes, triggering biophysical, biochemical, and gene regulatory responses that have been the subject of intense research (4, 5). Lifetimes of adhesion complexes are typically expected to decrease as forces increase (6). However, the response of certain complexes to mechanical force exhibits a surprisingly counterintuitive phenomenon. Lifetimes increase over a range of low force values, corresponding to catch-bond behavior (7). At high forces, the lifetimes revert to the conventional decreasing behavior, characteristic of a slip bond (6). In retrospect, the plausible existence of catch bonds was already evident in early experiments by Greig and Brooks, who discovered that agglutination of human red blood cells using the lectin Con A increased under shear (8). Although not interpreted in terms of catch bonds, their data showed lower rates of unbinding with increasing force on the complex. Given the importance of mechanotransduction in cellular adhesions, a quantitative and structural understanding of this surprising phenomenon is imperative.

Direct evidence for catch bonds in a wide variety of cell adhesion complexes has come from flow and atomic force microscopy

(AFM) experiments in the last decade (9–11), along with examples from other load-bearing cellular complexes like actomyosin bonds (12) and microtubule–kinetochore attachments (13). The catch-bond lifetime exhibits nonmonotonic biphasic behavior—increasing up to a certain critical force and decreasing at larger forces. The structural mechanisms leading to catch-bond behavior have largely been elusive, although experiments have provided key insights for selectins (14, 15) and integrins (16, 17). In these systems, the rupture rate of the ligand from the receptor depends on an angle between two domains in the receptor molecule (Fig. 1). Conformations with smaller angles detach more slowly than those with large angles. In the case of integrins, multiple conformations at varying angles have been crystallized (17), whereas for selectins, only two (Fig. 1) have been found so far in the crystal structures (14). In the absence of an external force, the molecule fluctuates between conformations corresponding to a variety of angles, including the larger angles from which the ligand can rapidly detach. With the application of force, the two domains increasingly align along the force direction, restricting the system to small angles and longer lifetimes, until large forces again reduce the barrier to rupture.

Previously, theories based on kinetic models with the assumption of a phenomenological Bell-like coupling of rates to force (18–21) have been used to explain catch-bond behavior. However, the parameters extracted from these kinetic models cannot be easily related to microscopic physical processes in specific catch-bond systems. More importantly, such models merely rationalize the experimental data, and do not have predictive power. The large scale of catch-bond lifetimes, ~ 10 – 10^4 ms, makes it impossible to directly observe unbinding in a realistic all-atom simulation, much less the macroscopic consequences of mutations.

Here, we solve the difficulties alluded to above by creating a new theoretical approach. By building on the insights from the structures of cell adhesion complexes, we introduce a microscopic theoretical model that captures the essential physics of

Significance

Selectins and integrins are receptor proteins on cell surfaces responsible for adhesion to extracellular biomolecules, a critical component of physiological processes like white blood cell localization at sites of inflammation. The bonds which the receptors form with their targets are regulated by mechanical forces (for example due to blood flow). The bond lifetimes before rupture increase with force before decreasing. Based on crystal structures of selectin and integrin, we created a general analytic theory which for the first time, to our knowledge, relates microscopic structural rearrangements at the receptor–ligand interface to macroscopic bond lifetimes. We quantitatively explain experimental data from diverse systems spanning four decades of lifetime scales, and also predict the outcome of mutations in specific residues.

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¹To whom correspondence should be addressed. E-mail: thirum@umd.edu.

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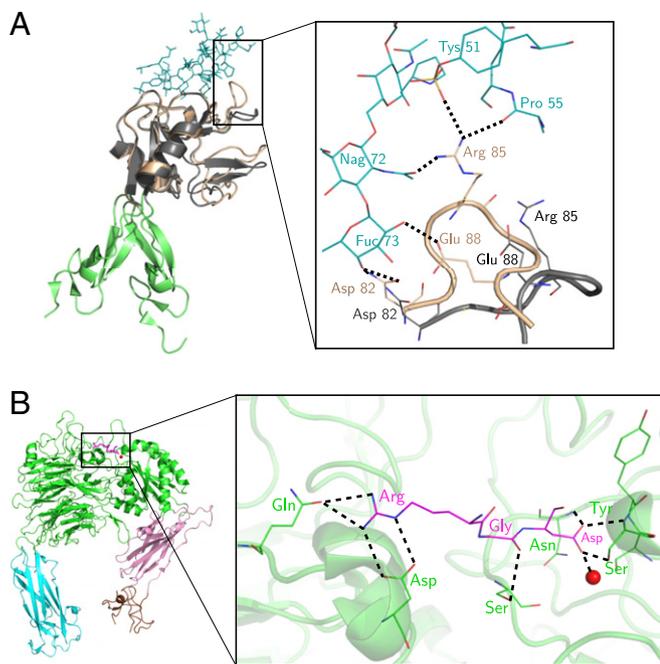


Fig. 2. Receptor–ligand hydrogen bond networks in P-selectin and $\alpha_5\beta_1$ integrin. (A) The crystal structures from Fig. 1 A and B superimposed with aligned lectin domains. (Inset) Remodeling of the B_1 region of the ligand-binding interface (the Asp82–Glu88 loop). In the extended state (beige) this loop forms a network of hydrogen bonds (dashed lines) with the ligand (to be compared with E_1 of our model). In the bent state (gray) the loop rotates sufficiently far that it is unlikely to participate in binding (14, 22). (B) Hydrogen bond network between ligand RGD and $\alpha_5\beta_1$ integrin in the closed-headpiece conformation (PDB ID code: 3V14). The integrin domains are colored as follows: β -propeller and βA in green (cartoon and line representation), thigh in cyan, hybrid in pink, and plexin-semaphorin-integrin in brown. The ligand is colored magenta (stick or line) and the metal-ion-dependent adhesion site magnesium ion is red (sphere). This network should be compared with E_0 , predicted from our model.

would in this case be incorporated through a renormalization of the effective diffusion constant D (23).

We show in Fig. 1E a representative zero-force potential energy surface $U(r, \theta)$, with the energy at rupture $U(b, \theta)$ highlighted in red. The form of $k(\theta)$ makes it energetically favorable for bond rupture at $\theta = \pi$ (the bent state), with a cost $E_0 = k_0 d^2/2$ to dislodge the ligand to the failure point. In the opposite limit of $\theta = 0$ (the extended state), energy for rupture is highest, with a cost $E_0 + E_1$, where $E_1 = k_1 d^2$. The values of E_0 and E_1 correspond to the stabilization energies associated with the ligand in the two allosteric (bent and extended) states. However, as F is increased, the bond aligns along \hat{z} , and the minimum in $U(r, \theta)$ shifts toward $\theta = 0$ (Fig. 1F), biasing the system toward the extended state. Thus, we expect the lifetime $\tau(F)$ to initially increase with F and eventually decrease at forces sufficiently large to reduce the rupture barrier.

Although the schematic diagram of the model in Fig. 1 C and D draws the vector \mathbf{r} between a pivot at the EGF–lectin interface to the tip of the ligand, one should note that the actual ligand–lectin complex does not behave like a perfectly rigid object rotating about a hinge, nor does it cover the entire angular range between $\theta = 0$ and π . Because proteins are deformable, the pivot location and the length r_0 will depend on the compliance of the specific domains involved in reorientation. Hence, we expect r_0 to be of the order of, or less than, the size of the localized domains that rotate to become restructured under force. It therefore follows that the structures of the complex in different allosteric states provide valuable insights into their response to force. The length scale d reflects the brittleness of the bonding interactions (24), with larger d indicating a malleable bond interface which can be

deformed over longer distances before the complex falls apart. The two energy scales E_0 and E_1 also have physical interpretations, with E_0 being roughly the total strength of noncovalent interactions between the region B_0 and the ligand, whereas E_1 is the additional contribution from the region B_1 in the extended conformation.

Results and Discussion

Mean Bond Lifetime. By assuming that $\tau(F)$ is much longer than the local equilibration time around $\mathbf{r}_{\min}(F)$, the lifetime of the complex is approximately given by

$$\tau(F) \approx \frac{\sqrt{\pi} r_0 (E_1 - 2F(d + r_0)) e^{\beta(E_0 + dF)} (e^{2\beta F r_0} - 1)}{4D(\beta E_0)^{3/2} F (1 + r_0/d)^2 (1 - e^{\beta(2F(d+r_0) - E_1)})}, \quad [2]$$

where $\beta = 1/k_B T$, k_B is the Boltzmann constant, and T is the temperature. The full details of the derivation are in *SI Text*. The central result of this work in Eq. 2 provides an analytic expression for the mean first passage time in terms of the microscopic energy and length scales covering both the catch- and slip-bond regimes. To set a reasonable scale for D , we make it equal to the diffusivity of a sphere of radius r_0 , $D = k_B T / 6\pi\eta r_0$, where η is the viscosity of water. (A prefactor in D due to molecular shape can be absorbed as a small logarithmic correction to the energy scale E_0 .) With this assumption, Eq. 2 becomes an equation with four parameters: E_0 , E_1 , d , and r_0 . We validated the approximation underlying Eq. 2 by comparison with Brownian dynamics simulations of diffusion over U (details in *SI Text*), which showed excellent agreement with our analytical theory.

For $\beta F d \gg 1$, $\tau(F)$ decays exponentially in a manner similar to the standard Bell model for systems exhibiting slip bonds, $\tau(F) \sim \exp(-\beta d F)$. The decay rate is controlled by the transition state distance d . The characteristic catch-bond behavior occurs at smaller F , where we see a biphasic $\tau(F)$ peaked at $F = F_p$,

$$F_p \approx \frac{A E_1}{2(r_0 + d)}, \quad [3]$$

with a prefactor $A \sim \mathcal{O}(1)$. The ratio of the peak height $\tau(F_p)$ to the lifetime $\tau(0)$ at zero force, which is a measure of the strength of the catch bond, scales like

$$\frac{\tau(F_p)}{\tau(0)} \approx \frac{4A'(d + r_0)}{r_0 E_1^2} \sinh\left(\frac{E_1}{2}\right) \sinh\left(\frac{r_0 E_1}{2(d + r_0)}\right), \quad [4]$$

with a prefactor $A' \sim \mathcal{O}(1)$. From Eqs. 3 and 4 we see that $E_1 \rightarrow 0$ leads to $F_p \rightarrow 0$ and $\tau(F_p)/\tau(0) \rightarrow 1$. In this limit, the model predicts only slip-bond behavior, where the lifetime decreases monotonically with force. Thus, our model interpolates between catch-bond and slip-bond regimes by varying the energy scale E_1 .

Analysis of Experimental Data. We first establish the efficacy of the theory by analyzing experimental data for $\tau(F)$ for a variety of complexes. The fits in Fig. 3 (selectins) and Fig. 4 (nonselectin complexes) show that there is excellent agreement between the analytical theory and measurements, which is remarkable because our microscopic model shows that only a small number of fitting parameters suffice to fit nine complexes with vastly differing architectures. These experiments involve applying force to molecular complexes either through AFM or optical traps, with the force initially ramped from zero to a given value F . Bonds which survive the ramp are then held at constant F until rupture. If the initial ramp is sufficiently slow such that the system always remains quasiadiabatically in equilibrium at the instantaneous applied force (25), the subsequent duration of the bond while at constant F , averaged over many trials, provides an accurate estimate of $\tau(F)$. [Extremely high ramp speeds may lead to nonequilibrium artifacts (26).]

Table 1. Best-fit parameter values of the catch-bond model for the various experimental complexes shown in Figs. 3 and 4

Complex	$E_1, k_B T$	$E_0, k_B T$	d, nm	r_0, nm
Psel/(s)PSGL-1	9.3(2)	17.2(3)	0.56(2)	2.0(1)
Psel/G1	0	26.73(4)	0.51(3)	2.0*
Lsel/PSGL-1	10.2(7)	20.3(6)	0.14(4)	0.38(7)
LselN138G/PSGL-1	8.7(6)	21.8(5)	0.14(4)	0.38(7)
Lsel/6-sulfo-sLe ^x	8.7(7)	22.7(4)	0.17(4)	0.23(5)
LselN138G/6-sulfo-sLe ^x	7.0(7)	24.3(3)	0.17(4)	0.23(5)
Integrin–fibronectin	12(1)	23(1)	0.7(1)	0.5(2)
Actin–myosin (ADP)	4.1(3)	18.2(5)	0.47(4)	2.6(5)
Actin–myosin (rigor)	3.9(4)	18.4(8)	0.50(5)	2.2(7)

Parentheses denote uncertainties in the least significant digit.

*For this Psel slip-bond system, the lack of data at small forces prevents independent fitting of r_0 , so its value is set to the r_0 for Psel/(s)PSGL-1.

each of the considered ligands is capable of maximally exploiting the binding partners among the receptor residues. Our model predicts that if the ligand were made defective, by truncating or mutating some portion of the ligand binding sites so that their interactions with the receptor were eliminated, the sum $E_0 + E_1$ should decrease. We will return to this case below in discussing a mutant of the ligand PSGL-1.

Integrin. In the case of the integrin–fibronectin complex, we took as an example AFM data for a truncated integrin (only the headpiece of $\alpha_5\beta_1$) binding to fibronectin FNIII_{7–10} (fibronectin fragment comprising the 7–10th type III repeats) (11). There is ample evidence for an angle-dependent detachment of ligand in the integrin headpiece (16), where the β -hybrid domain swings out from the α -subunit via multiple intermediate states (17). Our model is well suited to describe these structural changes, and the quality of fit to experimental data (Fig. 4A) shows that the physics governing the effect of force on selectin complexes also holds for the complex involving integrin. We can compare some of the fitted parameters with a recently obtained crystal structure of the $\alpha_5\beta_1$ headpiece complexed with fibronectin [only the arginine-glycine-aspartic acid (RGD) peptide portion of fibronectin is resolved in the structure; Fig. 2B] (31).

Because the structure shows the integrin headpiece in a closed (large-angle) conformation, we can directly compare the number of hydrogen bonds with the parameter E_0 . As shown in Fig. 2B, there are nine hydrogen bonds formed between the headpiece domain and the RGD peptide. In addition, the acidic residue Asp forms a salt bridge with the ligand residue Arg. Beyond the interactions that can be ascertained from the crystal structure, it is also known that additional “synergy” sites in the ligand, not visible in the structure, play a role in binding. From the measured decrease in binding affinity of fibronectin fragments lacking the synergy sites, their contribution to the binding energy can be estimated to be $\sim 2\text{--}4 k_B T$ (31). Combining this with the hydrogen bonds and salt bridges seen in the structure [using our earlier range of 1.2–1.5 $k_B T$ per hydrogen bond, and 4–8 $k_B T$ for the salt bridge (32)], we get an estimated total of $E_0 = 17\text{--}26 k_B T$. Our fitted result $E_0 = 23 k_B T$ from the model falls in this range, and is therefore consistent with the structural analysis. The fitted value of r_0 is also reasonable, given that the longest axis of the hybrid domain is ~ 4 nm. The parameter d is again well within the range of transition state distances expected in proteins. Our model predicts that $E_1 = 12 k_B T$, the extra interaction strength that would be gained in an open conformation of the $\alpha_5\beta_1$ –fibronectin complex. This prediction can be verified once crystal structures of the open conformation become available.

Actomyosin. Finally, in the case of actomyosin catch bonds (Fig. 4B), no crystal structures exist for the complex and an angle-dependent lifetime has not been established. However, we can use our theory to propose the origins of catch-bond behavior in these complexes based on experimental data. There is strong evidence that the upper 50K and lower 50K domains surrounding the major

cleft in the motor head behave like pincers—binding to actin tightly in the ADP and rigor states, thereby forming a tight complex (33). Once ATP binds, the pincers move apart (the upper 50K domain breaks contact with actin) by an allosteric mechanism (34), thus allowing the motor head to unbind from actin faster. While in the ADP–rigor state, if an external force is applied through the lever arms of myosin, local rearrangements and rotations would cause the N-terminal domain and the two 50K domains to align with the direction of force. Along with these local reorientations, the force would also stretch the domains, causing narrowing of the major cleft, and facilitating increased interactions of both 50K domains with actin. This mechanism would lead to catch-bond behavior, in a manner similar to the FimH–mannose adhesions in *Escherichia coli* (35). Our fitted value of r_0 shows that the alignments occur over a length scale ~ 2.4 nm, which agrees well with single molecule results showing that the cross-bridge compliance resides only locally in the actin-motor domain of the actomyosin complex (36).

Predictions for Mutations in Selectin Complexes. Because the energy scales in our model correspond to the strengths of noncovalent bonding networks, we can use our theory to predict and explain the impact of mutations on the bond lifetime, thus providing a framework for engineering catch bonds with specific properties. We will consider two examples, one a modification of the ligand, the other of the receptor in selectin systems. A recent study (37) considered a PSGL-1 mutant where Tys51, a sulfated tyrosine that makes one hydrogen bond with Arg85 in the B₁ region of P-selectin (Fig. 2), is replaced by phenylalanine (Phe), which cannot form the hydrogen bond. Kinetic assays showed that the mutant has a weaker binding affinity to P-selectin, but a zero-force off rate that remains virtually unchanged from the wild type. The lifetime under force has not yet been measured, but our model predicts that removing one hydrogen bond from B₁ should decrease E_1 by $\sim 1.3 k_B T$. Using the reduced value for E_1 with all other parameters the same as in the wild type (first row of Table 1), we predict that the $\tau(F)$ curve (dashed red line labeled Y51F in Fig. 3A) should be dramatically different from the wild type. Relative to the wild type, the peak is decreased by a factor of 3.4, and shifted slightly (from 24 to 21 pN). Because effects of a mutation in E_1 are most relevant to alignment under force, the low force behavior is relatively unperturbed, similar to the kinetic assay results: $\tau(F)$ of the mutant for $F < 2$ pN differs less than 20% from the wild type.

The second example, where experimental $\tau(F)$ data are available, involves two receptor mutations performed on L-selectin (20). The authors compared the $\tau(F)$ behavior of wild-type L-selectin to a mutant where Asn138 was changed to Gly. The mutation effectively breaks a hydrogen bond in the hinge region, between Tyr37 and Asn138. Two different ligands (PSGL-1 and 6-sulfo-sLe^x) both showed the same trends: the peak in the $\tau(F)$ curve for the mutant was shifted up and toward smaller forces, relative to the wild type [Fig. 3 C and D]. To determine the minimal perturbation in the parameters that would produce this shift, we simultaneously fit the wild-type and mutant data sets for each ligand, allowing only a subset of parameters to change for the mutant. The most likely subset, determined using the Akaike information criterion (see *SI Text* for details), involved only changes in the energy scales E_0 and E_1 . The fit results are shown in Table 1. Both ligands show a similar pattern: E_1 decreased by $\sim 1.5\text{--}1.7 k_B T$ in the mutant, whereas E_0 increased by $\sim 1.5\text{--}1.6 k_B T$. The magnitudes of the energy changes suggest that the enthalpy loss due to a single hydrogen bond contributing to E_1 in the wild type is compensated by an increase in E_0 . The mutation gives added flexibility to the lectin domain, allowing it to bind the ligand more effectively in both the bent and extended conformations. Thus, a contact between the ligand and receptor in B₁ (Fig. 1) that forms only at small angles in the wild type is present at all angles in the mutant.

Conclusions

The general principle for the formation of catch bonds emerging from experiments and theory is an increase in stabilizing interactions as a result of topological rearrangements of protein domains under force (19, 22). Whereas we quantitatively establish the mechanism for certain classes of protein complexes in this work, recent computational studies on a knotted protein (38) and a long α -helix (39) suggest that the same principle could lead to nonmonotonic unfolding lifetimes in single proteins as well. In the former, the protein thymidine kinase was studied, where a threaded loop is surrounded by a knotting loop, forming a slipknot (38). At intermediate forces, the knotting loop shrinks faster than the threaded loop, effectively leading to increased interactions between the loops and hence an increased barrier to unfolding. At smaller forces, the threaded loop shrinks faster and slips out of the knotting loop before any extra interactions can form. In the beta-myosin helix studied using molecular simulations with the milestone algorithm (39), at intermediate forces broken hydrogen bonds from the native alpha helix secondary structure reform to create a longer-lived force-stabilized pi helix structure, thereby leading to a catch-bond-like effect. More generally, we suggest that if the number of hydrogen bond or side chain interactions can be increased in single-domain proteins by force-induced structural rearrangements, then such systems should exhibit catch-bond behavior. This is likely to be the case in mammalian prions which have a number of unsatisfied hydrogen bonds in the functional state (40). Thus, it is increasingly becoming clear that

diverse force-induced topological rearrangements are used by nature as a mechanism to modulate bond lifetimes.

At the larger scale of protein complexes, one can ask whether the rearrangements responsible for catch bonds among different biomolecule families share common features. From structure-based observations in selectin and integrin systems, we have shown that a model based on force-dependent rotation of protein domains, facilitating enhanced interactions with their binding partner, explains experimental observations remarkably well. Our precise analytical theory quantitatively reproduces data on a variety of structurally unrelated complexes with lifetimes spanning nearly four orders of magnitude. More importantly, the key parameters of the theory are linked to the formation (or disruption) of a network of hydrogen bonds and/or salt bridges. Because the strength of these interactions can be estimated, our theory can be readily used to predict the effects of mutations, as demonstrated for the selectin complexes. Interestingly, analysis of experimental data allowed us to predict the strength of additional hydrogen bonds that form in the open $\alpha_5\beta_1$ integrin-fibronectin complex. The specificity of our model, with very few parameters, lays a foundation for synthetic mechanochemistry (41): designing and fine-tuning catch-bond adhesion complexes with a desired set of load-bearing characteristics.

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Supporting Information

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SI Text

Derivation of the Equation for Bond Lifetime

The dynamics of our model can be described by the probability density $\Psi(\mathbf{r}, t)$ to find the system with bond vector $\mathbf{r} = (r, \theta, \phi)$ at time t . This probability evolves according to the Fokker–Planck equation in spherical coordinates,

$$\begin{aligned} \frac{\partial \Psi}{\partial t} = & \frac{D}{r^2} \frac{\partial}{\partial r} \left[r^2 e^{-\beta U} \frac{\partial (e^{\beta U} \Psi)}{\partial r} \right] + \frac{D}{r^2 \sin \theta} \frac{\partial}{\partial \theta} \left[\sin \theta e^{-\beta U} \frac{\partial (e^{\beta U} \Psi)}{\partial \theta} \right] \\ & + \frac{D}{r^2 \sin^2 \theta} \frac{\partial}{\partial \phi} \left[e^{-\beta U} \frac{\partial (e^{\beta U} \Psi)}{\partial \phi} \right], \end{aligned} \quad [\text{S1}]$$

with $\beta = 1/k_B T$. Eq. S1 describes diffusion on the energy surface $U(r, \theta)$,

$$U(r, \theta) = \frac{1}{2} (k_0 + k_1(1 + \cos \theta))(r - r_0)^2 - Fr \cos \theta, \quad [\text{S2}]$$

with diffusion constant D . We define the marginal probability $P(r, \theta, t)$ by multiplying Ψ with the spherical Jacobian and integrating over the azimuthal angle ϕ ,

$$P(r, \theta, t) \equiv r^2 \sin \theta \int_0^{2\pi} d\phi \Psi(\mathbf{r}, t). \quad [\text{S3}]$$

Because U is independent of ϕ , carrying out the operation in Eq. S3 and using Eq. S1 leads to a 2D Fokker–Planck equation for $P(r, \theta, t)$,

$$\frac{\partial P}{\partial t} = D \frac{\partial}{\partial r} \left[e^{-\beta V} \frac{\partial (e^{\beta V} P)}{\partial r} \right] + \frac{D}{r^2} \frac{\partial}{\partial \theta} \left[e^{-\beta V} \frac{\partial (e^{\beta V} P)}{\partial \theta} \right], \quad [\text{S4}]$$

in terms of a modified potential

$$V(r, \theta) = U(r, \theta) - k_B T \log(r^2 \sin \theta). \quad [\text{S5}]$$

For a given force F , we are interested in the mean first passage time (MFPT) $\tau_0(r, \theta, F)$ from a point (r, θ) with $r < b$ to any point (b, θ') at the boundary defining bond rupture. The MFPT satisfies the following equation (1), derived from the backward Fokker–Planck equation:

$$D \frac{\partial}{\partial r} \left[e^{-\beta V} \frac{\partial \tau_0}{\partial r} \right] + \frac{D}{r^2} \frac{\partial}{\partial \theta} \left[e^{-\beta V} \frac{\partial \tau_0}{\partial \theta} \right] = -e^{-\beta V}, \quad [\text{S6}]$$

with boundary condition $\tau_0(b, \theta', F) = 0$ for all θ' . Because the 2D first-passage problem in Eq. S6 cannot be solved analytically, we will approximately map it to a one-dimensional problem. Integrating Eq. S6 over θ leads to

$$D \frac{\partial}{\partial r} \int_0^\pi d\theta e^{-\beta V(r, \theta)} \frac{\partial}{\partial r} \tau_0(r, \theta, F) = - \int_0^\pi d\theta e^{-\beta V(r, \theta)}. \quad [\text{S7}]$$

The second term in Eq. S6 vanishes under the integration because $\exp(-\beta V(r, \theta)) \rightarrow 0$ in the limits $\theta \rightarrow 0^+$ and $\theta \rightarrow \pi^-$, as can be seen from Eq. S5.

To evaluate the integral on the left-hand side of Eq. S7 we make a saddle-point approximation, replacing $\partial \tau_0(r, \theta, F)/\partial r$ with $\partial \tau_0(r, \theta_m(r), F)/\partial r$, where $\theta_m(r)$ is the location of the minimum of $V(r, \theta)$ at a fixed radius r . For our potential, a single such minimum exists for any given r , making $\theta_m(r)$ a well-defined function. The result is an approximate one-dimensional MFPT equation,

$$D \frac{\partial}{\partial r} \left[e^{-\beta \tilde{V}(r)} \frac{\partial}{\partial r} \tilde{\tau}_0(r, F) \right] = -e^{-\beta \tilde{V}(r)}, \quad [\text{S8}]$$

where $\tilde{\tau}_0(r, F) \equiv \tau_0(r, \theta_m(r), F)$ and the effective one-dimensional potential $\tilde{V}(r)$ is given by

$$\begin{aligned} \tilde{V}(r) \equiv & -\frac{1}{\beta} \log \int_0^\pi d\theta e^{-\beta V(r, \theta)} \\ = & -\frac{1}{\beta} \log \left[\frac{r^2 e^{-\beta (Fr + \frac{1}{2} k_0 (r - r_0)^2)} \left(e^{2\beta (Fr - \frac{1}{2} k_1 (r - r_0)^2)} - 1 \right)}{\beta \left(Fr - \frac{1}{2} k_1 (r - r_0)^2 \right)} \right]. \end{aligned} \quad [\text{S9}]$$

With the boundary condition $\tilde{\tau}_0(b, F) = 0$, Eq. S8 can be solved for $\tilde{\tau}_0(r, F)$,

$$\tilde{\tau}_0(r, F) = \frac{1}{D} \int_r^b dr' e^{\beta \tilde{V}(r')} \int_0^{r'} dr'' e^{-\beta \tilde{V}(r'')}. \quad [\text{S10}]$$

The function $\tilde{V}(r')$ is a monotonically increasing function of r' at large r' . Hence the integral over r' in Eq. S10 gets its dominant contribution from r' near the upper limit b , due to the presence of the $\exp(\beta \tilde{V}(r'))$ term. To simplify the integral, we will make two approximations: (i) Expand $\tilde{V}(r') \approx \tilde{V}(b) + \tilde{V}'(b)(r' - b)$; (ii) Assume $b \gg r_m$, where r_m is the location of the minimum in $\tilde{V}(r)$, so that the upper limit in the inner integral over r'' can be replaced by ∞ . If the initial position r is close to the potential minimum at r_m , so that $b \gg r$, the integrals in Eq. S10 can be then approximately carried out to yield

$$\tilde{\tau}_0(r, F) \approx \frac{e^{\beta \tilde{V}(b)}}{\beta D \tilde{V}'(b)} \int_0^\infty dr'' e^{-\beta \tilde{V}(r'')} = \left[D \tilde{P}'(b) \right]^{-1}, \quad [\text{S11}]$$

where

$$\tilde{P}(r) \equiv \tilde{Z}^{-1} e^{-\beta \tilde{V}(r)}, \quad \tilde{Z} \equiv \int_0^\infty dr' e^{-\beta \tilde{V}(r')}. \quad [\text{S12}]$$

Because under this approximation $\tilde{\tau}_0(r, F)$ is independent of the starting point r , we will drop the r dependence, and simplify the notation by defining the approximate bond lifetime $\tau(F) \equiv \tilde{\tau}_0(r, F)$.

To obtain an analytical expression for $\tau(F)$, we need to evaluate the integral for \tilde{Z} in Eq. S12 for $\tilde{P}(r)$. Because this cannot

be done exactly, we will approximate \tilde{Z} as a Gaussian integral by expanding $\tilde{V}(r)$ around $r = r_m$ to second order, leading to

$$\tilde{Z} \approx \left(\frac{\beta \tilde{V}''(r_m)}{2\pi} \right)^{-1} e^{-\beta \tilde{V}(r_m)}. \quad [\text{S13}]$$

To find closed-form expressions for r_m and the $\tilde{V}''(r_m)$, we note that the location of the minimum of $\tilde{V}(r)$ and the curvature at the minimum approximately coincide with those of the simpler potential $\tilde{V}_s(r)$,

$$\tilde{V}_s(r) = \frac{1}{2}(k_0 + 2k_1)(r - r_0)^2 - Fr - 2k_b T \log r, \quad [\text{S14}]$$

which comes from substituting $\cos(\theta) \rightarrow 1$ in $V(r, \theta)$ in the integral defining $\tilde{V}(r)$ (Eq. S9). Fig. S1 illustrates $\tilde{V}(r)$ versus $\tilde{V}_s(r)$ at two different F s. Obtaining the location and curvature of the minimum using the simple potential $\tilde{V}_s(r)$ is justified because of the following observations: The exact location of the minimum r_m , is always very close to r_0 . At zero external force or forces very close to zero, $V(r, \theta)$ is approximately the same as the simpler potential obtained by setting $\cos(\theta) \rightarrow 1$ in $V(r, \theta)$, in regions $r \sim r_0$. Hence $\tilde{V}(r)$ and $\tilde{V}_s(r)$ will be similar around $r = r_0$. At larger forces, $V(r, \theta)$ and its simpler version are approximately the same only around $r \sim r_0$ and $\theta \sim 0$. However, because $V(r, \theta)$ is minimized around $\theta \sim 0$ in regions around r_0 , the dominant contribution to the integral in Eq. S9 for r values around r_0 comes from $\theta \sim 0$. Hence once again the simpler form of $V(r, \theta)$ can be used, leading to similar $\tilde{V}(r)$ and $\tilde{V}_s(r)$ around $r = r_0$. The potential $\tilde{V}_s(r)$ reaches its minimum at

$$r_{ms} = 4 \left[-\beta(F + (k_0 + 2k_1)r_0) + \sqrt{8\beta(k_0 + 2k_1) + \beta^2(F + (k_0 + 2k_1)r_0)^2} \right]^{-1}, \quad [\text{S15}]$$

where the curvature is given by

$$\tilde{V}_s''(r_{ms}) = k_0 + 2k_1 + \frac{2}{\beta r_{ms}^2}. \quad [\text{S16}]$$

The complete approximation for \tilde{Z} involves substituting Eqs. S15 and S16 for r_m and $\tilde{V}''(r_m)$ in Eq. S13,

$$\tilde{Z} \approx \left(\frac{\beta \tilde{V}_s''(r_{ms})}{2\pi} \right)^{-1} e^{-\beta \tilde{V}(r_{ms})}. \quad [\text{S17}]$$

Plugging the definition of $\tilde{V}(r)$ from Eq. S9 and \tilde{Z} from Eq. S17 into Eq. S12 for $\tilde{P}(r)$, we can now analytically approximate $\tau(F) = [D\tilde{P}'(b)]^{-1}$. The resulting expression simplifies for large k_0 , corresponding to large energy barriers for bond rupture, yielding the final form for the bond lifetime (Eq. 2 of the main text),

$$\tau(F) \approx \frac{\sqrt{\pi} r_0 (E_1 - 2F(d + r_0)) e^{\beta(E_0 + dF)} (e^{2\beta F r_0} - 1)}{4D(\beta E_0)^{3/2} F(1 + r_0/d)^2 (1 - e^{\beta(2F(d+r_0) - E_1)})}, \quad [\text{S18}]$$

where $E_0 = k_0 d^2/2$ and $E_1 = k_1 d^2$.

Brownian Dynamics Simulations

To check the accuracy of the theoretical prediction for the lifetime $\tau(F)$ in Eq. S18, we performed overdamped Brownian dynamics simulations (2) for a test particle of radius r_0 diffusing in the potential U given in Eq. S2 using $D = k_B T / (6\pi\eta r_0)$, where $\eta = 0.89$ mPa·s is the viscosity of water at $T = 298$ K. We chose the

time step for numerical integration to be about $2 \times 10^{-6} r_0^2 / D$. The trajectories were started with the bead at \mathbf{r}_{\min} , the minimum of the potential U , and stopped when the bead reached the rupture boundary at $r = b$ for the first time. Statistics were obtained from ~ 150 – 300 trajectories, depending on the value of force, and error bars on the simulated data were estimated by the jackknife method (3). Fig. S2 shows a comparison of the numerical results to the analytical formula of Eq. S18 for parameters corresponding to the rigor actomyosin experimental system (Table 1). The excellent agreement validates the approximations used to derive Eq. S18.

Fitting to Experimental Data

We fitted Eq. S18 for $\tau(F)$ to experimental data by the standard method of minimizing χ^2 -values, which is equivalent to maximizing a log-likelihood function, with the assumption that errors in the mean lifetime data are Gaussian-distributed. For the fits in Fig. 3 C and D and Fig. 4, the SD for each lifetime was obtained from the error bars given in the corresponding experimental studies. However, because error bars were not provided for the lifetime data in Fig. 3 A and B, we derived error bars from the scatter in the three reported estimates for $\tau(F)$: average lifetimes, SD of the lifetimes, and $-1/\text{slope}$ in the logarithmic plot of the number of events with lifetime t or greater versus t . For exponentially distributed lifetimes (the case in all of the experimental systems under consideration), these three quantities should be equal to $\tau(F)$ up to deviations due to sampling errors. After fitting, the uncertainties in the parameters E_0 , E_1 , d , and r_0 listed in Table 1 were obtained from the diagonal elements of the best-fit covariance matrix.

For the simultaneous fitting of L-selectin mutation data (4) in Fig. 3 C and D, we used the following procedure to determine the minimal perturbation to the parameters of the system that produces the observed shift in the $\tau(F)$ curves. The data alone suggest that not all of the model parameters are relevant to the mutation. The experimental $\tau(F)$ curves for the wild type (WT) and the mutant in Fig. 3 C and D show that the decay in $\tau(F)$ at large F is similar. Because the decay is controlled by the parameter d , we assume that the value of d for the WT and the mutant is the same. This leaves three parameters, E_0 , E_1 , r_0 , that could potentially be altered by the mutation, although it is possible that only a subset of these is sufficient to explain the shift. We carried out simultaneous fitting of the model to the WT and mutant $\tau(F)$ curves for each ligand, under eight different hypotheses, corresponding to different subsets of the three parameters varying under mutation. For a given ligand, the mutant and WT share all parameters except the subset that is allowed to vary (first column of Table S1). Between curves for different ligands, all parameters are distinct. The table shows the resulting χ^2 -statistic (the total χ^2 for the data sets involving both ligands). The lowest χ^2 is achieved for hypothesis 3, where all three parameters are allowed to vary. However, this could be the result of overfitting, because hypothesis 3 also has the largest number of free parameters. A better way to rank the hypotheses is through the corrected Akaike information criterion (AICc),

$$\text{AICc} = \chi^2 + 2p + \frac{2p(p+1)}{n-p-1}, \quad [\text{S19}]$$

where n is the number of data points and p the number of free parameters (5). The AICc penalizes overfitting due to an excessive number of parameters, and has a natural probabilistic interpretation: if two model fits have AICc values of a_1 and a_2 , respectively, with $a_1 < a_2$, then model 2 has a likelihood $\exp((a_1 - a_2)/2)$ of being the true interpretation of the data, relative to model 1. From AICc values listed in Table S1, we see that the most likely hypothesis is 1, where E_0 and E_1 are allowed to vary. Hypothesis 2 (E_1 and r_0 varying) is a close competitor (78% as likely as 1), and

the remaining ones are increasingly improbable (hypothesis 3 is only 3% as likely as 1). As argued in the main text, hypothesis 1 also has a very reasonable physical interpretation, with the mutation causing a single bond to switch between the sets that contribute to E_1 and E_0 . Hypothesis 2, which involves the muta-

tion decreasing E_1 and increasing the lever arm distance r_0 , is more difficult to explain in physical terms, but cannot be completely ruled out based on fitting alone. The fit results for hypothesis 1 are shown in Fig. 3 C and D, and the parameters are listed in Table 1.

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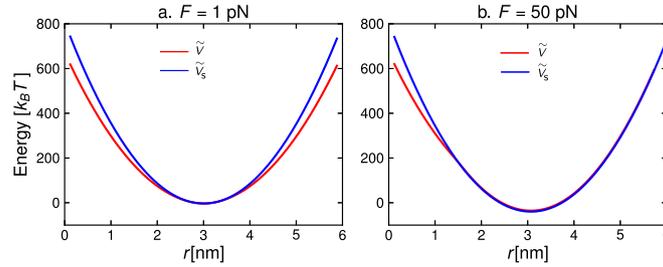


Fig. S1. Comparison of the potentials $\tilde{V}(r)$ and $\tilde{V}_s(r)$ at two different forces: (A) $F = 1$ pN; (B) $F = 50$ pN. The energy scales are aligned such that the minima of both potentials occur at $0 k_B T$. The parameters are $k_0 = 147.2 k_B T/nm^2$, $k_1 = 15.6 k_B T/nm^2$, and $r_0 = 3.0$ nm.

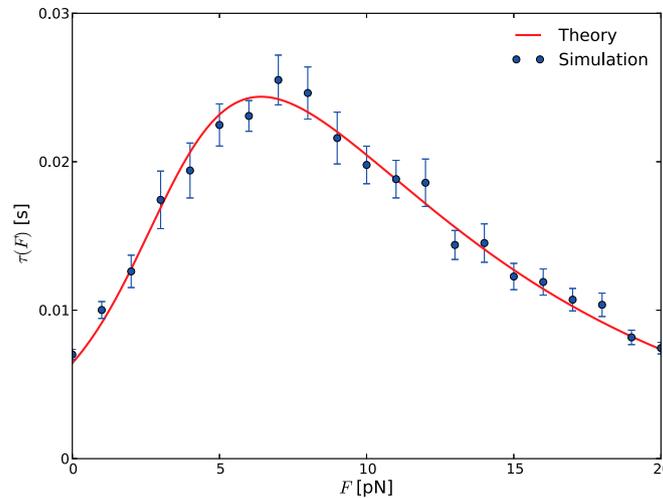


Fig. S2. Approximate theoretical bond lifetime $\tau(F)$ (Eq. S18, solid curve) versus the numerical results of Brownian dynamics simulation (circles), for parameters $E_0 = 18.4 k_B T$, $E_1 = 3.9 k_B T$, $d = 0.5$ nm, and $r_0 = 2.2$ nm.

Table S1. Simultaneous fitting of the L-selectin mutation data from ref. 4

Varying subset	χ^2	AICc
1: E_0, E_1	32.2	71.8
2: E_1, r_0	32.7	72.3
3: E_0, E_1, r_0	27.3	78.7
4: E_0, r_0	50.9	90.5
5: r_0	65.9	95.9
6: E_0	90.8	120.8
7: E_1	154.0	184.0
8: None	224.1	246.0

The first column lists eight hypotheses, corresponding to different subsets of parameters that are allowed to vary between the fits to the wild-type and mutant data sets. χ^2 is a measure of goodness of fit. The hypotheses are ordered by increasing AICc. The lowest values of χ^2 and AICc are in bold.